



#### The Federation of Elson Infant School & Gomer Infant School

# Policy for Personal Development Learning (PDL) including SRE, Citizenship, British Values, SMSC and Drug Education

## Intent

This policy has been written by staff, governors and parents of the Elson & Gomer Infant School. Staff have attended courses on PDL, Healthy Schools, PATHS, Primary Mental Health and Sex and Relationships, providing current SRE and DFE guidance and information which have shaped and guided this policy. This policy has been developed in conjunction with our Equal Opportunity, Child protection, Drug policy, SRE, SMSC, Science, RE and Behaviour policies.

At the Elson and Gomer Infant Federation, we are committed to the teaching of PDL, Citizenship, Spiritual, Moral, Social, Cultural (SMSC), Drugs education and British Values (BV) in accordance with the requirements of the National Curriculum. This is embedded in our wider curriculum and is also delivered discreetly through weekly sessions, collective worship, and reflection and circle times. We believe that our policy is based on the desire to increase children's understanding of themselves, to overcome ignorance, avoid exploitation and promote their SMSC development.

PDL, BV and SMSC is highly promoted and engrained in our whole Federation values and ethos, it encourages children to become life-long learners, who make a positive contribution to their community. The programme equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning choices and in achieving economic wellbeing.

Through the promotion of BV, we encourage the children to practice the rule of law, democracy and individual liberty. We support the children to identify and manage their own feelings and teach them mutual respect, empathy and tolerance of others in order to prepare them for the opportunities, responsibilities and experiences of life. Our programme provides opportunities for all our children to reflect on British Values. 'We promote the fundamental British values of democracy, the rule of law, Individual liberty, and mutual respect and tolerance of those with different faiths and beliefs".

Through Citizenship pupils gain knowledge, understanding and skills to enable them to participate in society as active Citizens. It enables them to become informed, critical and responsible, aware of their duties and rights, and know they belong to a community. We teach them empathy and tolerance of others in order to prepare them for the opportunities, responsibilities and experiences of life. Our PDL education programme makes a significant contribution to pupils' behaviour and safety awareness and the school's statutory responsibility to promote pupils' emotional wellbeing.

## **Implementation**

Relationships and Sex Education is an integral part of the Personal Social and Health Education programme. Although PDL in embedded in all subjects, many aspects are taught in discreet PDL sessions, science sessions and through circle times. Additionally work on respect and relationships, is

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undertaken by the ELSA and in class sessions using PATHS (at Elson) and in circle times.

#### **Sex Education**

- Know that humans develop at different rates and that human babies have special needs
- Understand the concept of male and female
- Know the importance of listening to one another, discussing and sharing ideas.
- Know about personal safety. For example, know that individuals have rights over their own bodies and that there are differences between good and bad touches; beginning to develop simple skills and practices that will help maintain personal safely.
- Teachers will endeavour to use correct body names in Year two, this includes the external sex organs. Correct language is vagina, penis and breast. Proper nouns give children the correct vocabulary. This will then enable them to protect themselves should a need occur.

# **Family Life Education**

- Know about the rituals associated with birth, marriage and death and know about the emotions involved.
- Understand the ideas of growing from young to old. Know that there are different types of family and be able to describe the roles of individuals in the family.

## **Psychological Aspects Of Health Education**

- Understand the importance of valuing ones self and others
- Develop the confidence to talk, listen and think about feelings and social relationships
- Begin to recognise a range of human emotions and be able to deal with them appropriately.

#### **Dealing with sensitive questions**

When an individual pupil approaches a member of staff with a 'personal question' it is dealt with sensitively. The teacher will try to gain a clearer picture of what is puzzling the child, and why, so they can respond appropriately. Resources are available to support the child where appropriate. Teachers will approach parents or agencies only if there is a need or the teacher is concerned. The ELSA is available for bereavement support.

## Other teaching/delivery methods

Circle time Playground friends/ leaders/ buddies and stop Mini governors (Elson) / pupil voice (Gomer) Respectful behaviours

## Organisation, Assessment and monitoring of the PSED programme

Monitoring and coordination of PDL will take place by PDL Leaders as part of the general termly monitoring.

The federation have introduced a new 'Foundations of Learning' tracking document, to track Key Stage 1 PDL Key Performance Indicators. This will be assessed by teaching staff in the autumn term and updated regularly. Gomer will pass this document on to their Feeder Junior School.

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Following training on SMSC and BV, all subject leaders have identified BV and SMSC opportunities in their subjects.

## Confidentiality

All members of staff should ensure that they are familiar with procedures set out in the Department's Child Protection circular 10/95 – 'Protecting Children from Abuse: The Role of the Education Service'. All members of staff should be aware of the schools confidentiality policy. All staff have training from the Executive Head Teacher on PREVENT and are aware of protocol to follow if concerns are raised.

### **Equal opportunities**

The teaching of PDL, Citizenship, SRE, Drugs and SMSC including BV will be carried out using a range of strategies matched to each individuals needs and in response to ongoing achievement and targets set.

All children will have equal opportunities to access all areas of the curriculum. This will include all children regardless of SEN, EAL, and Ability etc. Personalised planning is provided where necessary.

## **Impact**

- To develop a positive attitude to life-long learning and tolerance of others through Citizenship, BV SMSC and PDL
- To keep themselves safe and well, including learning that some household medicines and products can be harmful if not used properly.
- To help children develop a positive sense of self and self-confidence, teaching them how to reduce anxieties.
- To develop children's awareness and tolerance to their own and other people's feelings and emotions and enable them to express them in a healthy, appropriate and positive manner.
- To recognise that there are different types of teasing and bulling, that bullying is not acceptable and know how to get help in dealing with bullying.
- To show respect to other people, their own and others property and the environment.
- To ensure the children are aware of their rights and responsibilities by developing positive relationships with their peers and adults in their life and community.
- To ensure children and their carers are made aware of any additional support, both internal and external, available to them to advise them with their PSED concerns ie BST, EP, ELSA etc To ensure the children are aware of the need and the importance of responsible behaviours and how they impact on themselves as individuals and as members of the wider school community.
- To develop an awareness and understanding of the need for democracy, rule of law, respect and tolerance.
- Internet safety is taken very seriously and all children are taught to be internet safe.
- PDL is supported at lunchtimes by the lunchtime Supervisors.

#### **Definitions and terminology**

PDL- Personal Development Learning

PSED- Personal Social and Emotional Development

ELSA- Emotional Learning Social Assistant

SRE- Sex and Relationships Education

EFA- Emotional First Aider

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PATHS- Promoting Alternate Thinking Strategies

HS- Healthy Schools

PMH- Primary Mental Health

EAL- English as an Additional Language

BST- Behaviour Support

**EP- Educational Psychologist** 

IEP-Individual Education Plan

SMSC- Social, Moral, Spiritual, Cultural

**BV**– British Values

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