

EXTRA TIME

Learning Resources

Day 6

English – Descriptive Language



FOUNDATION



GET ACTIVE WITH CHELSEA FC

Extra Time Learning Resources
Day 6: English –
Descriptive Language

Captains' Monday: Cesar Azpilicueta & Magdalena Eriksson

Focus: Fitness

- Lie on your back, lift your legs to the sky.
- Keep your legs straight and move them from right to left.
- Try it again, and make sure that your legs are just above the ground.
- How many can you do in 30 seconds?
- Rest 1 min.
- Repeat x 5 times.

Manager's Challenge



What positions do Cesar & Magda play?

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How many times has Cesar played for Chelsea?

.....

.....

What country does Magda play for and how many caps has she won?

.....

.....

Create a warm-up for Cesar & Magda including at least 3 different exercises.



FUN FACT

Cesar has played over 250 games for Chelsea.



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Get creative with Chelsea FC

Focus : English – Descriptive Language

Challenge:

Take a look at the photo below. Can you list at least 5 things that you notice in the photo.

1:



2:

3:

4:

5:

.....

Manager's Challenge



Look at the photo below and write down what you think might happen next.



GET FOCUSSED WITH CHELSEA FC

Get creative with Chelsea FC

Focus : English – Descriptive Language

Imagine you are a Chelsea footballer and play for the Chelsea men's or women's team..
What position would you play and why?

What do you think would be the best thing about playing for Chelsea?

Describe how it would make you feel to play at Stamford Bridge.

Manager's Challenge



You score the winning goal. Create a goal celebration! How would you use your body? What expression would you have on your face? Act it out in slow motion.

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Write down your goal celebration in words, include your feelings and emotions.

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FUN FACT

Magda was part of the Chelsea Women's Team that won both the Women's Super League and FA Cup in 2018.

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Get creative with Chelsea FC

Focus : English – Descriptive Language

Challenge: Read the match report and then answer the questions below. <https://www.chelseafc.com/en/matches/match-day/2019/1059984?pageTab=report>

Who did Chelsea beat and what was the final score?

What was the score at half-time?

Who scored Chelsea's second goal?

Which Chelsea player was making his first Premier League start?

Manager's Challenge



From the match report, find and write down as many adjectives (describing words) as you can.

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Choose five players and pair them with a strong adjective which best describes them:



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Challenge: Try to write your own match report. It can be a football match or sport you watched, played in or you can use your imagination. Include some adjectives to describe the action.



DAILY THINKING CHALLENGE

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Challenge 6 – Captains' Monday

Write a conversation that might be going on between five toes in a sock! What might they be thinking and talking about? Discuss this with someone and act it out, then write down your ideas.

Manager's Challenge



Describe your favourite pair of socks. Tell us what you like about them.

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Design and describe a special pair of socks for a Chelsea player.

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