

EXTRA TIME

Learning Resources

Day 5

PSHE - Celebrating Difference



FOUNDATION

GET ACTIVE WITH CHELSEA FC

Fran Friday

Focus: Football Skills

1. How many toe taps can you do in 30 seconds.

- Toe Taps: Alternate placing the bottom of your toes on top of the football.
- Try this 5 times. What was your best score?

2. How many inside taps can you do in 30 seconds.

- Inside Taps: Alternate placing the inside of your feet on the football, AKA 'penguins'.
- Try this 5 times. What was your best score?

Manager's Challenge



What year did Fran join Chelsea?

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What number shirt does she wear?

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What country does she play for and how many caps does she have?

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FUN FACT
Fran has scored 37 goals for Chelsea.



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GET FOCUSSED WITH CHELSEA FC

What makes YOU similar to, or different from others?

Focus: PSHE – Celebrating Difference

Write down 3 things about yourself, a relative and a friend. Think about what makes you similar, what makes you different and a fun fact about each of you.

	You:	Relative:	Friend:
1. How are you similar?			
2. How are you different?			
3. Fun Fact			



GET FOCUSSED WITH CHELSEA FC

CHALLENGE: Look at the CHELSEA players below.

Focus: PSHE – Celebrating Difference



Fran Kirby



N'golo Kante



Armando Broja

What countries are they from?

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How are they similar?

.....

How are they different?

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GET CREATIVE WITH CHELSEA FC

What makes YOU similar to, or different, from others?

Focus: PSHE – Celebrating Difference

At Chelsea FC we're proud to be a diverse club where everyone is welcome and difference is celebrated.

Manager's Challenge



Create a poster which represents your school class and all the differences within it.

Find out more about the Building Bridges campaign through our website link here:
<https://www.chelseafc.com/en/foundation/building-bridges>



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GET CREATIVE WITH CHELSEA FC

CHALLENGE:

Focus: PSHE – Celebrating Difference

Why is it important to celebrate the fact that everyone is different?

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How do you celebrate difference in your school?

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What are your top 3 tips to celebrate difference in your school?

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Here is an example from our recent Black History Month Competition:
<https://www.chelseafc.com/en/news/2019/04/04/equality-and-diversity-to-be-celebrated-at-chelsea-versus-west-h>

Manager's Challenge



Create a rap or poem to celebrate difference.



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DAILY THINKING CHALLENGE

Challenge 5 – Fran Friday

Fran has an idea – If a frog could talk, what questions would you ask it?

Write down your thoughts below:

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