



Gomer Infant School

PE Support

Spring 1 2022

This half term I have been working with Year 2 on a gymnastics unit. The children have been practising their balances on different body parts and then transferring these onto the apparatus. We started by rolling a dice and having to make a balance on a number of body parts. For example, if the dice landed on number 3, the children made a balance with 3 parts of their body touching the floor. This activity let the children learn the importance of holding a balance really still and also thinking of some really different shapes and techniques. The most exciting lessons were when we got out the wall bars, ropes and larger gymnastics tables. Due to the disruption of the last 2 years, for many children this was the first time they had experienced these pieces of equipment and they were very excited. Year 2 produced some great final routines, including some balances and also different way of travelling under, over or along the apparatus.









'I liked the ropes because I liked swinging on them like spiderman.' Remini-Jax

'My best was the ropes because I couldn't do any tricks and today I did.' Maci

'My favourite was the rope ladder as I went much higher.' Stanley

'I tried to climb up the ropes as high as I can and I got much better.' Chloe

Also this half term I have been taking an after school multi-sports club. Each week we have tried a different sport, such as basketball, hockey and tennis. The children have really enjoyed learning new skills and playing small sided games with their friends.



Sally Serridge – Primary P.E. Specialist