## Support and workshops for Parents and Carers - Spring Term 2024



Primary Behaviour Service (PBS) – Parent and carer Workshops	Special Educational Needs and Disabilities (SEND) drop-in for parents and carers	Mental Health and Wellbeing drop-in for parents and carers
Katie Walker from PBS is providing 2 workshops this term for all parents and carers. Join for hot drinks and biscuits. Katie will be exploring the meanings behind children's behaviour and strategies to use with your children to support them.	Claire Woollett – Assistant Head – Inclusion and Mental Health Lead is running drop-ins for all parents across the federation to provide advice and discuss any concerns you may have. Join for hot drinks and biscuits. Plans can be put in place in school and referrals to Outside Agen- cies can be arranged For example – Speech and Language, Physical needs, Learning challenges, behaviour concerns.	Claire Woollett – Assistant Head – Inclusion and Mental Health Lead is running drop-ins for all parents across the federation to provide advice and discuss any concerns you may have following the success of the Parent Anxiety Workshops with the Mental Health Support Team (MHST) Parents requested a drop in where they could continue discussions and support from the workshop. Join for hot drinks and biscuits. Plans can be put in place in school and referrals to Outside Agencies can be arranged. For example – Anxiety, low mood, eating concerns, sleeping worries.
Thursday 29th February 2024 - 2.30pm to 3.15pm At Elson Infant School, Elson Lane, Gosport, PO12 4EU Or Thursday 14th March 2024 - 2.30pm to 3.15pm At Gomer Infant School, Pyrford Close, Gosport, PO12 2RP You are welcome to attend at either school no matter which school your child attends.	Friday 22 <sup>nd</sup> March 2024 - 8.40am - 10am - At Elson Infant School, Elson Lane, Gosport, PO12 4EU You are welcome to attend at either school no matter which school your child attends This is open to all parents whether they are on the school Special Needs Register or not.	Thursday 21st March 2024 - 8.50am - 10am At Gomer Infant School, Pyrford Close, Gosport, PO12 2RP You are welcome to attend at either school no matter which school your child attends.
Please sign up using the following link: <u>PBS workshop booking form</u>	Please drop-in no need to book. Sign in at the school office.	Please drop-in no need to book. Sign in at the school office.
Marvels & Meltdowns No need to book, just sign in at the school office.	Wednesday 20th March - 9.30am to 10.30am At Elson Infant School, Elson Lane, Gosport, PO12 4EU	Wednesday 27th March - 9.30am to 10.30am At Gomer Infant School, Pyrford Close, Gosport, PO12 2RP

## Space Hoppers at Gomer Infant School, Pyrford Close, Gosport, PO12 2RP

This is a free toddler group, which is open to anyone who would like to come along (whether or not you have a toddler!). As well as being able to chat to staff and other parents, outside agencies will also be attending to offer advice and support. Space Hoppers runs every other Monday, 8.50am until 10.20am in Gomer Infant School hall. No need to book, just turn up.



See our School Calendar for dates!

