



Gomer  
Infant  
School

# PE Curriculum Intent

At Gomer Infant school our PE curriculum provides the opportunity for children to develop their whole self in their physical and mental health and wellbeing.

Being exposed to a range of physical and sporting activities both within class sessions and in afterschool clubs enables children to make decisions on which they enjoy and identify those in which they might be able to develop skills or excel in. We want all children to believe that with support and determination excellence can be possible for them too. Afterschool activities also allow for the practice of sporting interests and at Gomer we have many strong links to clubs that run on site enabling children to further pursue their interest and passion in the sports of football and dance.

Competition is an important concept for young children to be exposed to and is introduced within the safety of team participation. In our Sports day event we balance experience of team competitive activities that enable children to practice their skills taught within lessons and individual competitive races for those who wish to participate.