

CYP-PCW

CHILDREN AND YOUNG PEOPLE'S
PRIMARY CARE WELLBEING SERVICE



Hampshire Child and Adolescent
Mental Health Services

PARENT AND CARERS COFFEE MORNING

UNDERSTANDING AND SUPPORTING ANXIETY IN PRIMARY-AGED CHILDREN

You are invited to join us for a coffee and chat around anxiety in primary-aged children. We aim to discuss what anxiety looks like for children, why children might experience it and what parents/carers can do to help support them.

Monday, 19 May 2025

9.30am - 11.30am

**Gosport Community Hub, Kings
Academy Brune Park, Military Road,
Gosport PO12 3BF**

**Scan the QR
code to register
your interest**

